



# NEWSLETTER

AFTER SCHOOL CARE: 5445 8300 (YMCA)

HOLY ROSARY WEB SITE: [www3.hrwhitehills.catholic.edu.au](http://www3.hrwhitehills.catholic.edu.au)

## CALENDAR

### AUGUST 2015

Mon 31 Catholic School Athletics Carnival

### SEPTEMBER 2015

Fri 4 Father's Day Breakfast  
Fri 4 Swimming  
Fri 4 Meet & Greet - Travis Edwards  
Wed 9 & Thur 10 P.S.G meetings  
Thurs 10 Parent/Student/Teacher Interviews  
Fri 11 Swimming  
Fri 11 P.S.G meetings  
Tues 15 Parent/Student/Teacher Interviews  
Wed 16 Author Visit  
Wed 16 P&P Meeting 7.30pm  
Wed 16 & Thur 17 P.S.G meetings  
Fri 18 Swimming  
Fri 18 Last Day Term 3 – 2.15pm finish

### OCTOBER 2015

Mon 5 First Day Term 4  
Wed 21 P&P Meeting 7.30pm  
**Wed 28 Bendigo Cup Day – Pupil Free Day**

### NOVEMBER 2015

Wed 4 – Fri 6 P.S.G. Meetings  
Wed 11 P&P Meeting 7.30pm  
Thur 12 – Fri 13 P.S.G Meetings  
Wed 25 P&P AGM

### DECEMBER 2015

Tues 1 CCB Transition Day  
Mon 14 Gr 6 Graduation Dinner  
Wed 16 Last Day Term 4

## PRINCIPAL'S REPORT

In this week's Gospel, the religious leaders criticised some of the Jesus' disciples claiming that they did not wash their hands before eating. The ritual was intended to give special care to food offered to God as opposed to "regular" or common food of the general population. Jesus pointed out to these leaders that they had lost sight of the purpose of the law and had become totally consumed by following the law for the sake of following the law. He continued making his point by explaining that nothing that goes into a person can make that person evil. It is what comes from the person, specifically what is in his/her heart that makes the person sinful. Jesus' words challenge us as well. In our desire to show that we are holy, we might also give too much credence to externals, following rules without thinking about the intention behind them. Jesus reminds us that we do not make ourselves holy by our actions. Rather, we become holy when we allow God's Spirit to transform us. Our actions should be an expression of the conversion of our heart to God and to God's ways.

The festivities of Book week were a great opportunity for the children (and staff) to have fun around the central theme of literature. Dress ups, guest readers and many activities made for a fantastic week. A special thank you to parents who enabled the children to fully participate in the dress up parade, it is often a challenge to come up with an outfit that the children really want, and we appreciate your time and efforts. It was also great to see the staff getting into the spirit of the day and we must thank Mrs Rosaia for all her efforts in organising the festivities.

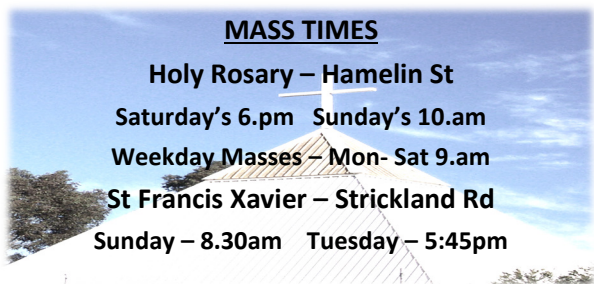


Today some of our Gr 3-6 children will be participating in the Bendigo Catholic schools athletics carnival at the Retreat Road complex. I would like to wish the children all the best for a great day. In further sports news our Swimming program began on Friday at the Eaglehawk pool, and the children again engaged beautifully in the program. Children who are not swimming will remain at school in another class.

Last week our School board met looking at the initial draft for the development of the school site. It was great to have the opportunity to hear from parents about the development of the school to provide

### MASS TIMES

**Holy Rosary – Hamelin St**  
**Saturday's 6pm Sunday's 10am**  
**Weekday Masses – Mon- Sat 9am**  
**St Francis Xavier – Strickland Rd**  
**Sunday – 8.30am Tuesday – 5:45pm**



improved facilities that meet the changing educational needs of the children. We again have some vacancies on our board and I invite anyone interested in this role to contact me for a description of the role.



We also have our parent/student teacher interviews coming up in the next few weeks and we look forward to involving the children in the meeting. Bookings opened last Friday and will close on Wednesday 9<sup>th</sup> September at 4pm so please make sure you book your time slot. If you don't have access to the internet please see your classroom teacher.

Bookings for the interviews are made online at [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au). Once you have accessed the site, enter the event code 5XWKV, and then follow the prompts to book suitable times to meet your child/ren's classroom teacher.

This weekend we celebrate Father's Day. Thank you to the band of Mums who ensured the school stall was a success with children given the opportunity to go 'shopping'. Friday morning will again be a chance to celebrate this special day with our Father's Day breakfast. We are still in need of some extra helpers and I invite those that can help to contact the office. I also invite all the very special Dads to join us for even a short time to start the day, it is a great chance to continue develop partnerships at school and the children love it!

HAPPY FATHER'S DAY TO ALL OUR DADS - HAVE A GREAT WEEKEND!

Paul Wilkinson  
Principal

## SCHOOL NEWS

### PROBLEM LITTERING

This week we have had reports from the lovely people who live around our school grounds. Unfortunately it seems some of our school work and rubbish has been ending up in their front yards.

Please make sure that all rubbish goes into the bins around the school and that any homework goes into your school bag.

### WHOOPIING COUGH (PERTUSSIS)



We have been notified that there has been a case of whooping cough (pertussis) in the Gr 3/4 area.

If your child has not received vaccinations for Pertussis (generally administered before the age of 7) and may have been in contact with the Gr 3/4s please see your doctor for a round of antibiotics.

Please stay alert for the symptoms of whooping cough.

Whooping cough usually starts with symptoms like a cold, such as a runny nose and dry cough, which last for about one week.

After that, a more definite cough develops, which may last for many weeks. The cough comes in long spells and often ends with a high pitched 'whoop' sound when they breathe in.

Some children cough so much they vomit afterwards. Children usually seem well between coughing spells. Other infections such as chest infections and middle ear infections are common.

### HEAD LICE



We have reports of Head Lice in some classrooms. Many head lice do not cause an itch, so you have to look carefully to find them. We ask all parents to please check their children's hair regularly, especially at change of seasons, and treat if necessary. Once hair has been treated, children can be returned to school. Anyone can get head lice and given the chance head lice move from head to head without discrimination (washed or unwashed hair, it does not matter). Children get head lice from direct hair to hair contact with another person who has head lice. This can happen when children play, cuddle or work close together. They do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### TODDLERS IN THE GARDEN

For our next session, Friday 4<sup>th</sup> September, the activity is 'Gumboot/Shoe Planter', so please bring along 2 old kids shoes/gumboots. If you require any more information please see Eva Rosaia or ask at the Office.



## COMMUNITY CARE



We ask families with their eldest child in Grade **3/4KC** to please donate a meal for the month of **September**. Please bring it into the office or directly into the freezer which is now located in the Gr 3/4 area. Thank you for your support. - *Community Care Coordinators*

## CHILDREN'S CHATTER MATTERS



We encourage you to set some time aside so that you can get the most out of your interactions with your child.

8. Once your child has generated some adjectives as outlined in last week's activity, have them use these words in sentences e.g. "The big aeroplane flew up in the sky."

# STUDENT NEWS

## HAPPY BIRTHDAY



Students who are celebrating their birthdays this week are Joel Foster and Daniel Pinder. Happy Birthday to you and we hope you have a wonderful day.

## STUDENT OF THE WEEK



	Name
PBZ	Harley Tuohey & Seth Illot
PMD	Bridie Monaghan & Caleb Pellegrino
1CG	Rhylee Sloan, Lincoln Currie & Callum Whyte
1ST	Charlotte Ermel & Maddy Best
2HS & 2DC	Joey Mizzi
3/4JW	Morgan Cullen
3/4KC	Tessa Thompson & Brock Talbot
5/6TC	Woaliba Hadi
5/6BK	Maddi Gargiulo
5/6LC	Ashlea Day

## ATHLETICS CARNIVAL



On the 12<sup>th</sup> of August the Gr 3/4/5/6 students participated in the school athletics carnival. Unfortunately we were only able to compete in two of the running events which were 200m and 800m due to rain. Since we were unable to participate at the athletics track we held our own athletics carnival at school on the 18<sup>th</sup> of August to finish the remaining events.

The Prep/1/2 participated in their athletics carnival on the 20<sup>th</sup> of August at the school. Over all everyone had a great day and participated in every event.





## GR 5 CAMP

Last week all the Gr 5 students travelled to Billabong Ranch in Echuca for their camp. There were 32 students who participated. The activities we were able to participate in were:

- Horse Riding
- Archery
- Low Ropes Course
- Rock Climbing
- Mini Golf
- Fire Show
- Roasting Marshmallows
- Trivia Walk
- Night Walk
- Volleyball
- Horse & Carriage Ride
- Animal Nursery
- Ten Pin Bowling

The Gr 5 camp was a great experience and an opportunity to make new friends as well as get along with each other. – *Ben Wallace & Rhian Hobbs Gr 5*

## BOOKWEEK

Last Thursday we had our annual Book Week Parade at the school, in front of the Library. It was wonderful to see all the students dressed up as book characters and completing their parade. Thank you to the parents who came to the parade and also helping their children with their costumes. A huge thankyou to all the staff who came in book characters costumes. During the week the students participated in a variety of activities to celebrate Book Week. If you get a chance go and have a look in the Music room as some of the student's art work from Book Week activities is displayed – *Eva Rosaia ( Sleeping Beauty )*



### BOOKWEEK @ ACTIVE KIDS

The active kids group also participated in a book and craft activity for Book Week last Friday. The children listened to a reading of "The Rainbow Fish" and made their own recreation of the Rainbow Fish.



### BOOKWEEK @ BENDIGO LIBRARY

On Monday the 25th of August grade 1CG, 1ST and 2DC went to the Bendigo Library as part of the Book Week celebrations. We were lucky enough to see Narelle perform two books for us; Pig the Pug and Scary Night. Talan, Niamh, Kye, Jakoben and Keely all had to help Narelle perform the stories. We had a vote and thought Pig the Pug was the best. They were both very funny and we had a great time! Thanks Ms Rosaia for organising for us to go!



## GR 5 LEADERSHIP DAY

Last week, on Wednesday the 26<sup>th</sup> August, the Gr 5 students travelled to St. Liborious School to attend a Leadership day. The Grade 5 students enjoyed the leadership day as we met Sean Wroe - athletics; Harley Fox- rugby, Maddy Hogan- javelin; Mark Bradtke and Michelle Brogan- basketball; Josip Skoko- soccer and Ash Delany, Ahmed Kelly and Belinda Hocking – swimming.

The grade 5 students completed different workshops with the Athletes and different activities were held, such as athletics, soccer, rugby, basketball, tennis and swimming.

## GR 6 BASKETBALL COMPETITION

On the 21st of August 2015 some Gr 6 students competed in a Basketball tournament.

We had 9 student's representing Holy Rosary. They were Jackson, Leroy, Sam, Ethan, Nikita, Maggie, Mia, Yammani and Tahlia. The teacher that came with us was Mrs William's. We would like to say a big thank you to Mel and Jayden Matthews for coaching us. The whole day was fun and we all tried our best. Thank you to all the teachers that organised the day for us. - *Mia and Maggie. Gr 5/6*

## P&P NEWS

**P&P MEETING:** For your calendar, the next P&P meeting will be **Wednesday September 16<sup>th</sup>**.

Please note that the meeting for October will now be held on Wednesday 21<sup>st</sup>, and the AGM will be held on Wednesday the 25<sup>th</sup> of November.

### FATHER'S DAY BREAKFAST

The Father's day breakfast will be held on **Friday 4<sup>th</sup> September from 7.30 to 8.45 am** at Ted's shed. It's a great morning for families to spend together and have a wonderful breakfast. It's a chance to spoil the Dad's, Pa's and Grandpa's. Cost is \$10 per family (Max 2 adults, 4 children). Thank you to those families who have returned their forms. **If you have forgotten your note, we will continue to accept last minute forms until 9am Wednesday morning.**

### MEMORIAL GARDEN REFURBISHMENT

The Imogen Illott Memorial Garden is currently being refurbished with funds raised through the fantastic efforts of our school families and P&P committee.

### NEW PLAYGROUND INSTALMENT

A huge round of thanks goes out to our families, P&P committee, past and present this week for the fantastic fundraising efforts that recently enabled us to install a new playground for our students.



## UNIFORM SHOP NEWS

### NEW: POLAR FLEECE JACKETS

Polar Fleece Jackets are now available for order from the school uniform shop. The jackets will be \$35 each and may be worn instead of the school jacket. Stock for the jackets is limited so remember to place your order as soon as possible.

The uniform shop is open on Friday mornings from 8.45am to 9.15am. Alternatively orders may be placed (including payment) at the school office.

## PARISH NEWS

### ALTAR SERVER ROSTER

Saturday 5 September – Dan Byrne

Saturday 12 September – Joe Byrne & Isabella Tuohey

Sunday 6 September - Xavier Morrissey, Greta & Estella Murphy

Sunday 13 September – Will McGoldrick & Eli Pearce

### ALTAR SERVERS



Any catholic baptised students in Grades Three, Four & Five, who wish to become altar servers for Holy Rosary Parish, are asked to contact Anne Smith on 5443 5929. Training sessions are conducted during school lunch times.

### HOLY ROSARY COMMUNITY CATCH UP

The Holy Rosary Community Catch Up will be held in the Parish Centre next Friday evening, 4th September. Please bring a casserole to share otherwise \$5. All most welcome.

# COMMUNITY NEWS

## REACH OUT FOR RYAN FUNDRAISER

On Thursday 17<sup>th</sup> September 2015 a fundraiser is being held in order to raise money the ongoing medical costs for Ryan Healy (Gr 1CG) who has a degenerative muscle wasting condition called Duchenne Muscular Dystrophy (DND).

The fundraiser will be held at the Bendigo Stadium Bistro from 5.30pm. 50% of all main meal purchases will be donated to Ryan's fund. A mystery raffle will also be held on the night with all ticket sales being donated.

For more information visit [www.reachoutforryan.wix.com/donatenow](http://www.reachoutforryan.wix.com/donatenow) or to RSVP email [reachoutforryan@gmail.com](mailto:reachoutforryan@gmail.com) or call 0401 373 121. RSVP's must be in by September 15<sup>th</sup>.

## D-CLUB GYM FUNDRAISER

D-Club Gym is currently offering a 3 month gym membership for only \$99 to help raise funds for ex Holy Rosary student, Jayden Matthews to tour the USA to play basketball this December.

The membership, that works out to cost less than \$8 per week, will run from 1<sup>st</sup> September to 30<sup>th</sup> November and includes all classes and use of all equipment.

This offer is great for those who don't want to commit to the long term contracts other gyms offer.

For more information or to sign up for this fantastic offer contact Mel Matthews on 0423 201 694

## ALZHEIMER'S AUSTRALIA MEMORY WALK & JOG

This year, Alzheimer's Australia Vic is bringing the Memory Walk & Jog to Bendigo's Strathdale Park, on Sunday 11<sup>th</sup> October.

The Memory Walk & Jog is all about coming together with your friends and family and raising vital funds to support people impacted by dementia. Join the race against dementia by registering at [memorywalk.com.au](http://memorywalk.com.au) today!

## GOLDEN SQUARE KINDERGARTEN - 50 YEAR CELEBRATION

This year marks 50 years since Golden Square Kindergarten opened its doors at 45 Panton Street. To celebrate this momentous occasion, a day honouring the kindergarten's contribution to education in Bendigo will be held for past and present students, families and educators on September 13<sup>th</sup> at 11am-3pm.

The Golden Square Kindergarten Committee are seeking contributions of photographs, memorabilia and memorable moments linked to the kindergarten with the vision being to display some of the kindergarten's heritage at the 50 year celebration. "

Further input is being sought for another feature, the "where are they now" display, showing current photographs and captions of what previous students are now doing. Contributions can be posted to Golden Square Kindergarten PO Box 157 Golden Square, Vic 3555 or emailed to [golden.square.kin@kindergarten.vic.gov.au](mailto:golden.square.kin@kindergarten.vic.gov.au)

For more information phone on (03) 5443 7668

### Event Details:

- 11am-3pm, 13<sup>th</sup> September, 2015
- Meet past and present students and educators
- Opening of Indigenous Garden & Flag raising ceremony at 11am
- Sausage sizzle, raffle, photo gallery and much more
- Birthday cake at 12 noon

## BOOTS FOR ALL

Did you know that there are thousands of young Australians who are unable to participate in team sports because they do not have access to the correct equipment?

Boots for all is a not-for-profit organisation that break down barriers to sport participation and strengthens communities by collecting and distributing quality, new and used sporting equipment to vulnerable Australians.

SEDA will be collecting quality, lightly used sports gear and sports clothing (jumpers, t-shirts, shorts, tracksuits) throughout August and September, so if you have any spare football/soccer boots, sporting equipment or clothing, the donations would be greatly appreciated!

Please drop off all donations to Tom Flood Sports Centre between 9am and 3pm Tuesdays, Thursday and Fridays before 20<sup>th</sup> September.

For any queries or concerns please call Ailish on 0401 226 800 or email [SEDA\\_bootsforall@hotmail.com](mailto:SEDA_bootsforall@hotmail.com)

## WHIPSTICK WARD MEETINGS

Ward Councillors – Mayor Peter Cox, Lisa Ruffell and James Williams

City of Greater Bendigo Whipstick Ward Meetings will be held from 7pm – 8.30pm on the following dates:

Sebastian	Monday August 31 <sup>st</sup>	Sebastian Hall - Sebastian Rd, Sebastian
Long Gully	Monday September 14 <sup>th</sup>	Long Gully Pavilion – Cunneen Street, Long Gully

Meeting times and dates are subject to change, to confirm, please visit [www.bendigo.vic.gov.au](http://www.bendigo.vic.gov.au)

## SPORTS NEWS

### JUNIOR REGISTRATION



Huntly North Epsom would like to welcome any new or current players for the upcoming season. Milo In2 Cricket Program (for 5-8 year olds), T20 Blast (for 9 Year Olds) and Junior cricket teams – Under 12s, 14s & 16s. Sausage sizzle provided.


For registration please contact Troy – 0421 767 055 or email [tgfitnessstamara@hotmail.com](mailto:tgfitnessstamara@hotmail.com)

### SOCCER JUGGLE OFF

Quarry Hill Primary School is holding a Soccer Juggle Off Competition at our school fair on Sunday 13<sup>th</sup> of September from 11am-2pm. Entry is only a gold coin donation. There are certificates for the top three jugglers in each grade Prep-6, and also a soccer ball for the overall winner signed by the Australian champions - Melbourne Victory.

### BENDIGO SPIRIT SCHOOL HOLIDAY CAMP

Come and join Bendigo's WNBL stars from Tuesday 29<sup>th</sup> & Wednesday 30<sup>th</sup> September for the Bendigo Spirit School Holiday Camp. The event is open to all boys and girls aged 6 -13 years. All participants receive a spirit basketball and a ticket to the first Spirit home game of the season. Cost is \$80 per child. To register or for more details, contact Adamn Tarr at [gm@bendigospirit.com.au](mailto:gm@bendigospirit.com.au).



**Festival of the Sacred**

**Wednesday 9 September 2015**

Featuring the  
**Western Deanery**  
**5/6 Students & selected College performances**  
**St Francis of the Fields Primary Strathfieldsaye**  
**12.30 pm - 2.00 pm**  
*This is a FREE event for all parents & friends of our school communities*



## ALTAR SERVERS – Training Permission Form

My child/children wish to join the Holy Rosary Altar Servers training sessions. These training sessions are conducted during lunch times with Anne Smith.

Student Name:.....

Grade: .....

Parent Signature .....

Contact: .....

Date .....



# Parenting *ideas*

## INSIGHTS



*Building parent-school partnerships*

WORDS Michael Grose

## Build up Frequent Father points

Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed.

He was having some '**dad time**' with his kids.

Good on him!

He was doing some memory building & relationship building, as well as having some fun.

He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids ('Your dad's very busy but he would love to see you play sport but he can't make it.') As well, she'd keep him up-to-date with the children's lives.

Brokes, it seems, are valuing the time they spend with their kids on their own.

Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads.

And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!)

Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to **do together** with their dads. Playing, walking, fishing, wrestling....the list goes on.

It's through shared activity and involvement in kids' lives that dads build up **frequent father points**. It's hard to build good connections with kids when you are not there!

### Don't wait until adolescence

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is

a predictor of good health and longevity for men. I'm not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child's space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it's easy to forget that one of the fundamentals of raising kids well is to spend some time in your child's space, doing stuff, or not doing stuff, whatever the case maybe.

So how are your (or your partner's) Frequent Father points going? If they need some topping up then you can start by doing something together that the kids enjoy. Having a bit of fun together is the best place to start.

**Author's note:** *Sole mums can take these ideas on-board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.*

Michael Grose



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.



[parentingideas.com.au](http://parentingideas.com.au)

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