



# NEWSLETTER

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: [www.hrwhitehills.catholic.edu.au](http://www.hrwhitehills.catholic.edu.au)

## MASS TIMES

Please note that Masses have been suspended until further notice.

Sunday Mass with the Bishop can be live streamed at

<https://www.sandhurst.catholic.org.au>

## CALENDAR

### JUNE 2020

**Mon 8** Public Holiday – Queen’s Birthday  
**Tue 9** Gr 3 – 6 Students resume Face to Face Learning  
**Fri 26** Last Day Term 2 – 2.15pm dismissal

### JULY 2020

**Mon 13** First Day Term 3  
**Fri 17** Foundation 2021 Enrolments Close



Make sure to follow our school Facebook page to stay up to date with the latest news!  
[facebook.com/holyrosaryprimaryschoolwhitehills/](https://facebook.com/holyrosaryprimaryschoolwhitehills/)

## Unexplained Absences

If a student is absent without reason, the school will contact the parent

If contact cannot be made with the parent/carer, the emergency contact/s will be contacted to ensure the safety of the student



## PRINCIPAL’S REPORT

The transition is complete! Back to school for everyone and isn't that a relief. A big thank you to all families who have supported the children and our school during the remote learning time. We are incredibly proud of the efforts made and the relationships strengthened. I can honestly say we are an incredibly fortunate community to have such hard working adaptable teachers and I thank them wholeheartedly on your behalf for all the work they have done to maintain some semblance of learning normality.

We continue to follow the recommendations of the Chief Health Officer and the State Government as we have implemented extra cleaning, changed drop off and pick up conditions, as well as sadly not being able to have parents on site. Our pick up times are staggered for the next few weeks and we are operating a drive through pick up on the tennis courts. Parents are asked to ‘do a lap’ if your child isn’t ready. So far this has worked extremely well. Children need to know where they are leaving.

Our times for staggered departure are as follows;  
 From Week 9: (June 9th onward)

- 2:45pm - Foundation, Grade 2 & older siblings
- 3:00pm - Grade 1, Grade 3 & older siblings
- 3:10pm - Bus students
- 3:15pm - All remaining students

We anticipate these pick up times will be in place for the next three weeks. They will be reviewed for Term 3 with advice and regulations constantly changing.



**HOLY ROSARY**  
PRIMARY SCHOOL  
LEADERS FOR TOMORROW

Foundation 2021  
**Enrolments Open Now**  
 Visit our website for more information

We are aware that some families will not have had the opportunity to buy new winter uniform items. Whilst it is our preference that students wear the correct Term 2 winter uniform, we understand that some students may need to wear their summer or PE uniform over the next few weeks. Our uniform shop is available for Flexischool purchases and items will be sent home with students each Friday afternoon.

Term 3 will resume with students meeting the winter uniform expectations of the school. Please contact your child's classroom teacher if you have any challenges regarding access to uniform items.

Advice from the Catholic Education Office after carrying out our own risk assessment gives us the opportunity to have tours reinstated at school for prospective enrollments. We will offer tours in the final week of Term 2 and in the first week of Term 3. Tours must be pre booked and outside school hours. Please spread the word if you have friends or family considering enrolment for next year and keep an eye on our Facebook page for future updates.

Again thanks everyone for your support, patience and good will throughout the unprecedented times.



Paul Wilkinson  
Principal

### A FEW REMINDERS FROM OUR CURRENT GUIDELINES:

- **IF CHILDREN ARE UNWELL** - Parents must be advised that any child who comes to school feeling unwell or becomes unwell during the school day, they (or the emergency contact person) will be called to collect that child.
- **WATER BOTTLES** – drinking fountains are not to be used by students. Each child should bring water from home.
- **RESTRICTED ACCESS TO SCHOOL BY ADULTS** – The Department of Health insists that no adult- parents, non-enrolled youths, visitors - is to enter the school unless necessary or in an emergency. Adults should not be permitted to go beyond the Reception area.

## SCHOOL NEWS

### CATHOLIC IDENTITY

#### ACCESS TO MASS AND TO CHURCHES

There are many options for Mass online, including:

\* <http://bit.ly/MassOnDemand>      \* <https://melbournecatholic.org.au/Mass>      \* [www.wordonfire.org/daily-mass](http://www.wordonfire.org/daily-mass)

The Bishop is also live streaming Mass on Sunday mornings via the diocesan website: [www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)

On free to air TV, Mass for You at Home is broadcast at 6.00am every Sunday, Channel 10



#### LIBRARY BOOKS

Many children borrowed extra books or have just had books at home for a longer period of time, so it would be appreciated if everyone could have a good look for all of their books and return them to the library. Thank you. – Sue

Johns (Librarian)

**SEASONS FOR GROWTH**

In Term 3, Holy Rosary will be running it's Seasons for Growth program. This program is run by Bianca Schmidt and Sue Johns and is beneficial for students who have been affected by any form of grief, loss or major change. If you would like more information or would be interested in enrolling your child, please contact Bianca in the office Tuesdays and Thursdays.



**HOW AM I LEAVING SCHOOL TODAY?**

Due to restrictions entering school grounds, parents/carers are asked to discuss with their child/ren where they will be leaving school and where they will be met. A staff member will escort children to the exits.



Tennis Court Drive Through Exit



Office Exit



Senior Learning Centre Exit (unavailable for morning drop off)

**HOW AM I LEAVING SCHOOL TODAY?**

After School Care



On the Bus



Playground Exit



**STUDENT NEWS**

**HAPPY BIRTHDAY**



Students who are celebrating their birthdays this week are; Emmy Manson, Aubrey Niven & Madeline Gibbons. Happy Birthday to you and we hope you have a wonderful day.

**STUDENTS OF THE WEEK**



Students of the Week	
FBG	Nate Bain & Arlie Brown
FJO	Leila Pellegrino & Sam Gibbons
1BW	Miley Ellerton
1DC	Maitilda Kearns
2MC	Bella Holland
2LC	Delilah Boland

# P&F NEWS

## UNIFORM SHOP UPDATE

Due to current restrictions, the Uniform Shop will not be open for visitors on Friday mornings. Parents are encouraged to place any uniform orders through Flexischools, or where necessary, cash orders via the Office. Holy Rosary school staff will then pack the orders ready to go home with students each Friday.

A current price list can be found on PAM or the school website.

## CANTEEN

**DUE TO UNFORSEEN CIRCUMSTANCES THERE WILL BE NO CANTEEN THIS FRIDAY!**

**All orders already placed on Flexischools will be refunded.**

Our canteen will be back up and running next Friday 19<sup>th</sup> June, for all students! Our updated menu is attached to this newsletter, or can be found on the school website and PAM.

There will be a few changes to the normal process to help keep people safe. Changes include:

- Disposable paper bags (for lunches) and cups (for smoothies) – **please keep your reusable bags at home.** You do not currently need to supply a paper bag, these will be supplied through the canteen.
- Ordering via flexischools only (**no cash**) – instructions are attached to today's newsletter for those who are new to the system.
- No window sales – **all items must be pre-ordered (including snacks).** Snack Foods will be delivered to the child's class with their lunch.
- No Frozen items – these are temporarily unavailable.
- New Item – we have added a new snack item while frozen items are unavailable. Donkey Drops (Rum Balls) are now on the menu for \$1. Yum!
- No parent volunteers – thanks to our lovely staff for helping out for the remainder of this term!

We may need to make other changes in the coming weeks as we adjust to our new "normal" so please check back in the newsletter each week for any updates.



## SCHOOL BANKING

School Banking has been temporarily paused since 23 March 2020. Commonwealth Bank have been continually monitoring the situation and will advise when the program will recommence. However, it is likely that, due to restrictions on visitors and volunteers in the school, that the program may not resume this Term.

In the meantime, the Commonwealth bank have created [Start Smart Parent Resources](#), to assist parents and carers in improving their children's money management skills. These free, short videos and worksheets, can be accessed from home and are designed to give students the confidence and skills to make smart decisions about money.

# COMMUNITY NEWS



YEAR 7 ENROLMENTS FOR 2021 ARE OPEN

Head to the website  
for application forms,  
virtual tours and information.

<http://www.marist.vic.edu.au/wp/enrolments/>

APPLICATIONS CLOSE FRIDAY, 19 JUNE 2020.

## Virtual Meet and Tour

WEDNESDAY 10 JUNE @ 4PM



# DISCOVER YOUR WAY

WHERE ARE  
YOU HEADING?



Catherine McAuley College invites you to attend a **Virtual Meet and Tour** for families with a child commencing in Year 7 2021 who have already enrolled or who are considering enrolment. Primary students welcome.

**Wednesday 10 June @ 4pm**

Register online to receive your Google Meet link | <https://bit.ly/cmcVirtualTour01>

The session will run for approximately 30 minutes.

### PROGRAM

1. Virtual Tours launch
2. Meet the staff who lead Year 7 learning, wellbeing and transition at CMC.
3. Q & A Send your question when registering or ask during the session.

This Google Meet will be recorded. We recommend participants turn off their camera and microphone. During the Q&A, please turn your microphone back on while asking a question.

Visit our website for full enrolment information | Enrolments for Year 7 2021 close on Friday 12 June 2020  
Enquiries: Mrs Audra Petri, College Registrar P: 03 5445 9100 | E: [info@cmc.vic.edu.au](mailto:info@cmc.vic.edu.au)

## HOLY ROSARY CANTEEN

### TERM 2 2020

#### HOT FOOD

Pies	\$3.50
Party Pie	\$1.50
Sausage Roll	\$2.80
Steamed Dim Sim	\$1.00 each
Steggles Chicken Nuggets (6)	\$3.50
Inghams Chicken Nuggets (6) (GF*)	\$3.50
<b>Sauce</b> – <i>Tomato, Soy, Sweet &amp; Sour, BBQ</i>	\$0.30
Chicken Pasta w/ <i>corn, bacon &amp; zucchini</i>	\$4.00
Baked Potato w/Cheese & Sour Cream (GF*)	\$3.50
+ <i>Coleslaw</i>	<i>add 50c</i>
Nachos w/Cheese & Salsa (GF*)	\$3.50
+ <i>Sour Cream</i>	<i>add 30c</i>
+ <i>Avocado</i>	<i>add 50c</i>
Steamed Corn (GF*)	\$1.00

#### WRAPS

Ham/Salad Wrap	\$3.50
Fresh Chicken/Salad Wrap	\$3.50
Cheese/Salad Wrap	\$3.50
*Salad - lettuce, tomato, carrot, cucumber, mayonnaise	
+ <i>Cheese</i>	<i>add 50c</i>
+ <i>Avocado</i>	<i>add 50c</i>

#### SANDWICHES

Ham/Cheese	\$3.50
Vegemite/Cheese	\$3.00

#### DRINKS

Fresh OAK Light Milk – <i>Choc, Strawberry</i>	\$1.90
Paper Straw	add 10c
Juice – <i>Orange, Apple, Apple &amp; Blackcurrant</i>	\$1.60
Fresh Fruit Smoothie	\$2.00

#### SNACKS

Homemade Choc Chip Cookie	\$1.00
Fruit Cup (Seasonal Fruit)	\$3.00
Donkey Drops (Rum Balls)	\$1.00
Homemade Healthy Muffin (Apple, Cinnamon, Carrot and Date)	\$1.50
Popcorn (GF*) – <i>Plain</i>	\$0.50

#### FROZEN ITEMS (2<sup>ND</sup> PLAY)



All items on this menu can be selected as part of the children's lunch order. ALL items must be pre-ordered.  
Frozen items will be delivered to the child's class just prior to second play.

There will be no window sales at second play.

**Orders MUST be placed online (see over page)**

**Online orders close 9am Thursday morning, so we can order food for the Friday. No late orders can be accepted.**

(GF\*) – These menu items are Gluten Free by ingredient and all efforts are made to minimise cross contamination, however they may come into contact with other foods available.



## New Cashless System is here!

Holy Rosary is constantly on the lookout for new ways to make your interactions with school more convenient. That's why we've engaged with Flexischools, Australia's leading school payment system, to provide a new cashless way for you to pay for school services.

## Order and pay for a range of school services online with Flexischools online ordering...

Flexischools is the fast, convenient and secure way to order and pay for Canteen Lunch Orders from home or on your mobile. Flexischools makes our school services available to you 24/7

- Parents set up a Flexischools account online and pre-load the account with funds.
- Parents can use the funds in their account to order and pay for a range of services online
- Parents can view their orders online and can set a daily spending limit.

## Get Started with Flexischools...

### Set up an account for online ordering...

You can set up an account online – it only takes a minute.

1. **Register for Flexischools** by visiting [www.flexischools.com.au](http://www.flexischools.com.au). Add your student, their school and form class to get started.
2. **Top-Up your account** via Visa, Mastercard, PayPal or direct deposit.
3. **Make an order** by selecting from the range of options made available by your school and proceed to make payment for the order listed in your order pad.
4. **Review Orders** by logging back in to your Flexischools account. You can set recurring orders, view transaction history or cancel orders via your Flexischools login.
5. **Cut-off** for placing orders weekly is 9.00am each Thursday.

## What does it cost?

### Online Ordering & Account Top Up Fees -

- Visa Debit and Prepaid – \$0.05 + 0.7% of the payment amount
- Visa Credit (and other Visa card types) – \$0.05 + 0.7% of the payment amount
- Mastercard Debit and Prepaid – \$0.05 + 1.25% of the payment amount
- Mastercard Credit (and other Mastercard card types) – \$0.05 + 1% of the payment amount
- PayPal – \$0.07 + 0.9% of the payment amount

In order to minimise the impact of the surcharges, we would encourage regular users of Flexischools using these payment methods to consider topping up their account and/or setting up automatic top-ups rather than paying separately for individual transactions.

# Seasons for Growth

CHILDREN & YOUNG PEOPLE'S PROGRAM



An innovative grief and loss program that uses the imagery of the seasons to illustrate the experience of grief.

The program was first developed 20 years ago and has been revised and updated to incorporate new evidence and ensure that it continues to provide relevant and valuable experience for participants.

It does not provide counselling or therapy.



## What does it do?

*Seasons for Growth* aims to strengthen the social and emotional wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by:

- Exploring the impact of the change and loss on everyday life
- Learning new ways to respond to these changes

## Who is it for?

Anyone who is living with the effects of change and loss. Many factors can cause change such as:

- Friends can come and go
- Loss of someone or something you love
- Parents and families separate
- Moving to a new place
- Impact of illness
- Family work-life changes

Change affects everyone differently, as does grief. It's the impact of the change, not the event itself that *Seasons for Growth* focuses on.

We suggest that anyone affected by bereavement wait 6-12 months before participating in a *Seasons for Growth* program.

### How does it work?

*Seasons for Growth* is a small group program that combines psychology and education with peer support, within a person centred learning approach. It uses the metaphor of the seasons to explore the cyclic nature of grief, and is underpinned by William Worden's tasks of grieving. The Children and Young People's program contains developmentally appropriate discussions and activities. *Seasons for Growth* normalises participants' experiences, and can increase protective factors (including building personal resilience and social skills) while minimising some risk factors (including isolation) that influence mental health and wellbeing. The program also supports the development of communication, decision making and problem solving skills.

### How is it delivered?

The Program is run over 8 sessions with small groups of 4-7 participants and is facilitated by trained adult "Companions". The participants are provided with a safe space to learn, share and reflect and are supported by richly illustrated participant journals. Companions may be school staff, agency staff, endorsed parent volunteers or other suitable adults who have undertaken a two-day training workshop and receive a subsequent accreditation for Good Grief Ltd to deliver the program.

### Outcomes

*Seasons for Growth* provides the support and space for children and young people to:

- **Learn** about how different people respond to change, loss and grief
- **Understand** that it is normal to experience a range of grief reactions
- **Explore** new approaches to dealing with change, loss and grief in their lives
- **Build** communication, decision making and problem solving skills
- **Participate** in a supportive network of peers and adults
- **Integrate** their new learning into their relationships with family, friends and others

### Evidence

*Seasons for Growth* has been evaluated extensively over the last 15 years. The most recent evaluation was conducted by Southern Cross University in 2010 and concluded that the *Seasons for Growth* Program:

- Builds understanding and skills
- Improves participants' emotional wellbeing
- Enables participants to express their views, thoughts and feelings
- Strengthens participants' social and support networks.

The complete Southern Cross University Evaluation is available at [www.goodgrief.org.au/research](http://www.goodgrief.org.au/research)

**The *Seasons for Growth* Children and Young People's Program has a 4 Star rating in the Mind Matters Program Evidence of Effectiveness Ranking: [read more](#)**

**The *Seasons for Growth* Children and Young People's Program is now listed with the Australian Government, Child Family Community Australia website as an evidence based program.**