



# NEWSLETTER

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: [www.hrwhitehills.catholic.edu.au](http://www.hrwhitehills.catholic.edu.au)

## MASS TIMES

Online at:

<https://www.sandhurst.catholic.org.au>

<https://www.frgministry.com/mass>

## PRINCIPAL'S REPORT

Our current lockdown will be extended, which means we continue to learn from home. It is certainly not an easy situation and I thank our teachers who are juggling their own families and working from home, just as parents are doing the same at home. It continues to be important to maintain contact with your child's teacher for support and advice as our children's engagement can go up and down.

### SHEPPARTON

Last week I attended a briefing regarding the situation across the Diocese and in particular the Shepparton area. Our thoughts and prayers are with the people of Shepparton and our Sandhurst Diocese colleagues, as they face the current COVID critical incident. Shepparton FoodShare is currently working to provide hampers to many families facing a food shortage.

At Holy Rosary we have a great partnership with Bendigo Foodshare supporting families in need and consequently ask that at this critical time those who are able, support those in Shepparton at this time. If you can support this great organisation currently providing even more support than they would normally be expected to, please log onto Shepparton Foodshare and make a monetary donation. It takes no time at all and you can be reassured that the funds will be going to very good use immediately. <http://www.sheppartonfoodshare.org.au/>

## CALENDAR

### SEPTEMBER 2021

<b>Fri 3</b>	<b>Pupil Free Day – Staff PD</b>
<b>Sun 5</b>	<b>Father's Day</b>
<b>Mon 13 – Fri 17</b>	<b>Health &amp; PE Week</b>
<b>Tue 14</b>	<b>Reconciliation Sacrament Mass – 6pm</b>
<b>Thur 16</b>	<b>Billy Tea Bush Dance Incursion Day</b>
<b>Fri 17</b>	<b>Last Day Term 3 – 2.15pm dismissal</b>

### OCTOBER 2021

<b>Mon 4</b>	<b>First Day Term 4</b>
<b>Tue 5</b>	<b>Art Incursion (Gr 5 &amp; 6)</b>
<b>Thur 7</b>	<b>Feast of Our Lady of the Rosary</b>
<b>Tue 12</b>	<b>Art Incursion (Gr 5 &amp; 6)</b>
<b>Sat 23</b>	<b>Frayne House Community Mass – 6pm</b>
<b>Wed 27</b>	<b>Public Holiday – Bendigo Cup</b>

### NOVEMBER 2021

<b>Sat 13</b>	<b>McAuley House Community Mass – 6pm</b>
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Check out our school Facebook page to stay up to date with the latest news!

<https://www.facebook.com/holyrosaryprimaryschoolwhitehills/>

**Due to the current circumstances the dates shown in the calendar for are subject to change.**

### PUPIL FREE DAY

This Friday 3rd September is a scheduled pupil free day, as our staff participate in Berry Street Education Model Training. The program will continue to be offered online for all staff. As such there will be no online learning this Friday and those requiring care are asked to contact our OSHC provider the YMCA before the close of business on Wednesday.

### BUILDING PROJECT

In exciting news, our building project will begin on Wednesday 1st September with temporary fencing being installed. Entry during the lockdown will be via the gate nearest the playground and

when we return to face to face learning, our new gate will be in operation. The administration area will be demolished very shortly and rebuilt, whilst the COLA (covered outdoor learning area) will begin in December when the appropriate permits and access is in place. This has certainly been a long time in the making and we are all extremely excited to see the opportunities and improvements coming to fruition.

### BOOK WEEK

It was great to see the children (and teachers) have a bit of fun during the lockdown and take time to dress up despite the challenges. I was fortunate to visit a number of class Google meets, who were clearly having a great time and again I look forward to sharing the Prep dress up on Thursday. Feel free to share your photos with the teachers and we can use them on our Facebook page and newsletter if possible.

Finally, I would like to wish all our Dads and Grandfathers all the very best for Fathers day. Sadly we will be unable to celebrate at school this year, however I trust you will have time to share with your children and they will spoil you as we acknowledge the special and important place you play in the lives of children.

Take Care & Go Cats!



Paul Wilkinson  
Principal

## ***SCHOOL NEWS***

### **CATHOLIC IDENTITY**

#### **ACCESS TO MASS AND TO CHURCHES**

We are all encouraged to continue active participation in the life of the Church through activities such as time in personal and family prayer, reflecting on the Scriptures, making a spiritual communion, or participating in a Mass online.

There are many options for Mass online, including:

- o <http://bit.ly/MassOnDemand>
- o <https://melbournecatholic.org.au/Mass>
- o [www.wordonfire.org/daily-mass](http://www.wordonfire.org/daily-mass)

The Bishop is also live-streaming Mass on Sunday mornings via the diocesan website: [www.sandhurst.catholic.org.au](http://www.sandhurst.catholic.org.au)

On free to air TV, Mass for You at Home is broadcast at 6.00am every Sunday, Channel 10.

#### **“HATS ON!” AT HOLY ROSARY**

At Holy Rosary, our SunSmart Policy notes that all children will be required to wear their school hats from ‘Hats On Day’ - September 1 to ‘Hats Off Day’ - May 1, whenever they are outside including sports lessons. This ‘Hats On’ period is also extended anytime the UV is consistently 3 or above.

With this in mind, **we ask all students begin wearing their hats at school. Our’ NO HAT, NO PLAY’ policy will be enforced from Week 9 (Monday 6<sup>th</sup> September) of this term.** Children without hats will be required to remain under cover near the Grade 1 rooms.

SPF 50+ sunscreen will also be available to children in each classroom. Children will be responsible for applying their own sunscreen.

**Please note**, hats must be navy blue bucket hats (or reversible house colour hats worn on the navy side) as per the school uniform. Caps and other non uniform hats will not be allowed.





## SCHOOL SPORT – WHAT’S HAPPENING?!

*Troy Coates (PE Coordinator)*



### GRADE 6 INTERSCHOOL BASKETBALL CARNIVAL – POSTPONED.

Our Grade 6 Interschool Basketball Carnival, originally scheduled for Friday 3<sup>rd</sup> September has been postponed. As soon as we are given further information we will be sure to let you know. Thanks for your patience.

### PASTORAL CARE

Again we find ourselves in lockdown and our children learning from home. This can be a challenge on many fronts. I read a poem this week which resonated with me and made me think how important our perspective is at this time. I am sharing the poem with you here.

*Not Everything is Cancelled  
Sunshine is not cancelled  
Spring is not cancelled  
Love is not cancelled  
Relationships are not cancelled  
Reading is not cancelled  
Prayer is not cancelled  
Naps are not cancelled  
Music is not cancelled  
Imagination is not cancelled  
Kindness is not cancelled  
Conversation is not cancelled  
Hope is not cancelled*



We as a school community are here to support families and students in many different areas including learning from home support, delivery of meals, conversation, and referrals to supports you may need. If you know of a family who may need contact from the Pastoral Care/Wellbeing team or would like support for your own family please contact Megan or Paul.

- Megan Gerrish (Pastoral Care Coordinator)

### HEAD LICE



We have reports of head lice in some classrooms. Many head lice do not cause an itch, so you have to look carefully to find them. We ask all parents to please check their children’s hair regularly, especially at change of seasons, and treat if necessary. Once hair has been treated, children can be returned to school. Anyone can get head lice and given the chance head lice move from head to head without discrimination (washed or unwashed hair, it does not matter). Children get head lice from direct hair to hair contact with another person who has head lice. This can happen when children play, cuddle or work close together. They do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### ATTENDANCE

Attendance at school has a huge impact on a student’s academic and social success. Even as children grow older and more independent, families play a key role in making sure students get to school every day and understand why attendance is so important for success in school. Although we are in lockdown and students are learning from home, attendance at their daily

Google Meeting is important. It is during this time they receive explicit teaching from their teacher and importantly connect with their peers. If at anytime you are having difficulty engaging your child with their learning from home program, please contact their teacher or the pastoral care/wellbeing team. There are many support options we can discuss with you to make the current challenge of Covid19 easier for your child and your family. - Megan Gerrish (Pastoral Care Coordinator)



## CYBER SAFETY

Staying connected online has never been more important, now that many of us are physically isolated from family members, friends, colleagues and support networks. The internet is a great way to socialise, learn, work, play and be entertained. But there are also risks. It is important we start to teach our children good online habits from a young age. Here are some tips to help your child develop good online habits:

### Promote respectful communication

Encourage your child to use the same positive manners and behaviour they would use offline, understanding that others may have different cultures, backgrounds or points of view. If it is not OK to say or do something face to face, it is not OK online.

Remind them to avoid responding to negative messages and to tell you or another trusted adult if they receive them. Tell them it is OK to report others who are not being nice.

Emphasise the positives. For example, 'I know what a kind and respectful person you are, and it makes me so proud to see you acting the same way when you're online. You are such a great friend — I can see how much everyone looks up to you at school.'

### Encourage empathy

Help your child to imagine being in someone else's shoes, so they can relate to diverse opinions and understand what might make people behave in different ways.

For example, you might say something like: 'I noticed that Sam seemed a bit sad when she came over yesterday. Have you noticed anything? What do you think is wrong? Would that make you sad? What can we do to help?'

### Teach them to question

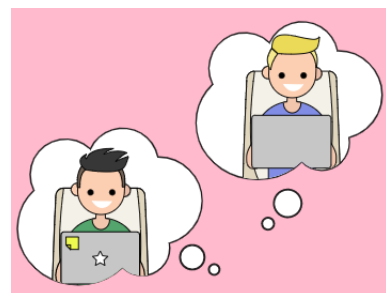
Encourage your child to think critically about what they see online. Teach them to ask questions so they can identify content or messages that may be misleading or exploitative.

Talk to them about 'fake news', or false information that is designed to look like a trustworthy news report, and how quickly it can spread on social media. Teach them to fact-check news sources and do their own independent searches on issues, so they can see the variety of opinions on a particular issue and make up their own mind.

Remind them to be careful when making new friends online as people may not be who they say they are. We are increasingly seeing 'Finstas' (fake Instagram accounts) and other impersonation accounts. So it is important to question whether what they are seeing online from their friends is real or not. If it seems out of character, it could be from a fake account.

Alert your child to the dangers of meeting someone in person that they have been talking to online. Advise them to never arrange to meet an online friend unless a trusted adult is with them and it is during the day in a public space.

Refer to our advice on avoiding [unwanted contact and grooming](#).



For further information on keeping your child safe online please visit the following website

<https://www.esafety.gov.au/>

Keep safe and enjoy your online learning journey! - Megan Gerrish (Pastoral Care Coordinator)



### **BRINGING UP GREAT KIDS - FREE PARENT PROGRAM**

A reminder that parents and carers of children at Holy Rosary Primary School have an opportunity in Term 4 to participate in 'Bringing Up Great Kids', a free parent program. The **6-week program will commence on Thursday 21st October 9-11am** (Week 3 of Term 4). Numbers are

limited, so if you are interested please contact the office to express your interest and I will be in contact with you. Thanks to those parents who have already done so, places are filling fast.

The program aims to provide information and resources to support parents to:

- learn more about the origins of their own parenting style and how it can be more effective;
- learn more about brain development in children and its influence on their thoughts, feelings and behaviour;
- understand the meaning of children's behaviour;
- discover how to overcome some of the obstacles getting in the way of them being the kind of parent they would like to be;
- develop strategies to manage their parenting approach despite the mounting daily pressures;
- discover ways for parents to take care of themselves and to find support when they need it;

- Chantel White (Student Wellbeing Worker)





## INVITATION FROM UNIVERSITY OF MELBOURNE – A FREE ONLINE WEBINAR FOR FAMILIES

**Gain insights and tips to help your family manage better through lockdowns.** - August 30, 8pm to 9pm.

Covid-19 has forced many families to adapt to a new reality of remote learning, working from home, cancellation of social activities and more time spent with family members which can raise the emotional temperature for everyone.

There is no doubt lockdowns are a stressful time for families, however there are also many things we can do to support and improve our wellbeing during these times.

During this discussion, the panel of health and wellbeing experts along with community members, will provide insights and tips on how families can work together to manage through lockdowns including the role parents can play, maintaining hope, tips to improve motivation for young people and more.

The webinar is ideal for families with children across Australia and allied health professionals who provide services to families.

The discussion will go for 40 minutes followed by questions from the audience. Submit questions via Q&A on the day.

The webinar is hosted by Professor Jane Gunn, Dean, Faculty of Medicine, Dentistry and Health Sciences at the University of Melbourne, and forms part of the 'In pursuit of health' event series.

[Tips to help families cope during Lockdowns](#), - Event details and bookings are [listed here](#)

- CES Limited Pastoral Wellbeing Team

## STUDENT NEWS



### HAPPY BIRTHDAY

Students who are celebrating their birthdays this week are; Lillyanne Crennan, Hudson Kearns, Jonathan Keller, Grace Wyatt, Erin Bradshaw, Joel Foster, Rose Mortimer, Jack O'Brien and Isaac Plant. Happy Birthday to you and we hope you have a wonderful day.

## P&F NEWS



### **CANCELLED: DONUTS WITH DAD - FATHER'S DAY BREAKFAST**

Unfortunately, due to the uncertainty related to the ongoing lockdown, we have made the decision to cancel our Donuts With Dad event that was planned for next Monday.

### SCHOOL RUN 4 FUN: COLOUR EXPLOSION

Did you hear the exciting news? We are hosting a Colour Explosion School Fun Run with Australian Fundraising! 🏃 The brightest day at school is coming!

Fundraising is now open online! Sponsorship booklets will be handed out soon. Jump on now and create your profile at [www.myprofilepage.com.au](http://www.myprofilepage.com.au)

Big prizes are up for grabs! Raise at least \$10 and your child can choose from a selection of awesome prizes. You can also share in \$200k of extra prize credit, win a Razor Prize Pack, and become a Fundraising MonSTAR! ★



# SPORTS & COMMUNITY NEWS



## WHITE HILLS CC

1952

**IT'S ALMOST CRICKET SEASON!**

SIGN UP ONLINE AT:  
**PLAYCRICKET.COM.AU**

SEARCH FOR:  
**WHITE HILLS CRICKET CLUB**

**AGE GROUPS: JUNIOR BLAST (4-6),  
MASTER BLAST (7-9), UNDER 12s,  
UNDER 14s AND UNDER 16s**

ANY ISSUES, CONTACT  
OUR JUNIOR CO-ORDINATOR:  
**NICK BEST ON**  
NICKWEBSTERBEST@YAHOO.CO.UK



# JUNIORS

## 2021/22

FIND US ON 



## Building Resilience in Kids

Resilience is the ability to cope with the ups and downs of life. Learn how you can help kids develop skills, habits, and attitudes for building resilience.

Resilience is not just about managing current stressors, but also developing skills for dealing with challenges throughout life and enhancing mental health.

- Building good relationships
- Independence
- Confidence to face challenges.
- Managing Emotions.

✓ Resilience ✓ Independence ✓ Managing Emotions

### Workshop dates & locations:

**Location Name** – Bridgewater Primary School,  
34 Eldon Street, Bridgewater on Loddon.

**Dates:** Monday 11<sup>th</sup> October 2021 @  
9:30AM – 11:30AM  
**Arrival and Registration** – 9:15AM

Please note this is a single session workshop only.

There is no cost for this workshop.

*Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.*

### RSVP:

Alison Gillett | Bridgewater Primary School  
M 0488 357 117 | E [Alison.Gillett@education.vic.gov.au](mailto:Alison.Gillett@education.vic.gov.au)

*Please remember your mask. We ask that all participants follow social distancing and face mask regulations.*



Building Resilience in Kids  
176 – 178 McCrae Street, Bendigo VIC 3550  
T (03) 5438 1300  
[www.cccds.org.au](http://www.cccds.org.au)



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# HOLIDAY ACTIVITIES




## SUPER SPRING HOLIDAY PROGRAMME

Monday 20th September - Friday 1st October





FOR THE LOVE OF SPORTS 25 YEARS

BOOK ONLINE NOW AT **KELLYSPORTS.COM.AU**

## SPRING 2021 HOLIDAY PROGRAMME

379 EAGLEHAWK RD, EAGLEHAWK 3556

A timetable and full programme information is available online or at the programme venue.

**Who can attend:** Boys & Girls aged 4-12 yrs

**General information:** We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

**What do you need to bring:** Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea.

**Payment details:** Payment is required up-front within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

**Please note:** Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

**Pricing:** (including GST) **Half day:** \$35  
8:30am - 12:30pm or 1:00pm - 5:00pm  
**Full Day:** \$50  
**Five-Day Discounted Price:** \$195  
Mon-Fri, 8:30am - 5pm

**EARLY BIRD DISCOUNT:** Sign up online before the 10th of September and enter the booking code 'earlybird' to receive a 10% discount on your booking.

**Website:** [www.kellysports.com.au](http://www.kellysports.com.au)

**Contact:** Beau Cross

**Email:** [Beau@kellysports.com.au](mailto:Beau@kellysports.com.au)

**Phone:** 0428 326 924

**Facebook:** Kelly Sports Bendigo

**Address:** 9 Barnbougle Place, Eaglehawk, 3550

BOOK ONLINE NOW AT **KELLYSPORTS.COM.AU**



### Who can attend:

Children aged 4 - 12

### General Information:

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

**What do you need to bring:** Appropriate clothing, jacket or sweatshirt, hat, drink bottle and food for morning tea, lunch and afternoon tea.

**Food:** Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12:30pm to 1:30pm each day.

### Programme activities:

Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

### Payment details:

Payment is required up-front within 2 hours of your booking. A receipt will be issued when a completed booking is received. All details will be included on the receipt.

### Please note:

Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Sports accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst on the programme.

**Website:** [www.kellysports.com.au/bendigo](http://www.kellysports.com.au/bendigo)  
**Contact:** Beau Cross  
**Email:** [Beau@kellysports.com.au](mailto:Beau@kellysports.com.au)  
**Phone:** 0428 326 924  
**Facebook:** Kelly Sports Bendigo  
**Address:** 9 Barnbougle Place, Eaglehawk

## SUPER SPRING HOLIDAY PROGRAMME

379 EAGLEHAWK ROAD, EAGLEHAWK, VICTORIA 3556

	Mon 20th September	Tues 21st September	Wed 22nd September	Thurs 23rd September	Fri 24th September
<b>WEEK 1</b>	 <p><b>DYNAMIC DODGEBALL</b> Dodge, duck, dive and... DODGE! Our Dodgeball Tournament is back. Our friendly competition will help improve your throwing and catching skills. So come along and show off your power arm!</p>	 <p><b>KIDS OLYMPICS</b> Our Aussie athletes lit up the international stage in Tokyo. Now it is our Kelly Sports Stars chance to show off their skills at our very own Kids Olympics. Does the Brisbane 2032 games await?</p>	 <p><b>FOOTY COLOURS DAY</b> The AFL grand final is almost upon us! Wear your favourite AFL colours and stretch up for our AFL 9's football tournament, morning AFL clinic and many fun games for all ages to enjoy!</p>	 <p><b>SOCCER SHOOTOUT</b> Soccer grid games, lunch time penalty shoot outs &amp; a soccer super clinic, all in one day! This is a jam-packed soccer fest for all ages. With prizes on offer and loads of fun guaranteed, you can't go wrong.</p>	 <p><b>BIG BASH SMASH</b> Join us for our Big Bash Cricket day. Stretch out your batting arm, show off your skills and come along for our super 8's cricket grid games for all ages.</p>
<b>WEEK 2</b>	 <p><b>BASKETBALL BONANZA</b> After watching the Boomers win Bronze in Tokyo, come along and kick start your week with our basketball bonanza! Show off your skills in our basketball challenge activities and tournament for all ages.</p>	 <p><b>NETBALL MASTERCLASS</b> With Melbourne Vixens superstar Ruby Barmeyer dropping in for the morning to run a netball clinic, this is one you don't want to miss! Come and learn what it takes to become an elite netball star!</p>	 <p><b>TENNIS GIANTS</b> Today you will be treated to a tennis masterclass from the amazing team from GIANT tennis! Whether you are a tennis star, or a beginner, you can guarantee you will learn a thing or two.</p>	 <p><b>RAPID RACQUET SPORTS</b> Come along for a supercharged day of racquet sports. With the Bendigo Squash Centre running a racquetball &amp; squash masterclass, as well as having tennis and badminton on the agenda, this is one you don't want to miss!</p>	 <p><b>AMAZING RACE</b> Work together to complete challenges, find clues and score goals for your team in our very own Kelly Sports Amazing Race! Teamwork will be the key to success in this fun-fuelled challenge event.</p>

**FIVE DAY DISCOUNT: \$195**  
Mon - Fri 8:00am - 5:00pm

**FULL DAY: \$50**  
8:30am - 5:00pm

**HALF DAY: \$35**  
Morning 8:30am - 12:30pm  
Afternoon 1:00pm - 5:00pm

\*Please note, sports listed on the schedule are the main activities, however, other sports and activities will be played each day. Please refer to our daily sport schedule to see a full timetable of daily sports.



USE VOUCHER CODE 'earlybird' FOR 10% OFF! Offer ends 10/8. Discount is 10% off total price of first booking (per child) only. Not to be used with any other offer.

BOOK ONLINE NOW AT **KELLYSPORTS.COM.AU**