



# NEWSLETTER

AFTER SCHOOL CARE: 5444 6666 (YMCA)

HOLY ROSARY WEB SITE: [www.hrwhitehills.catholic.edu.au](http://www.hrwhitehills.catholic.edu.au)

## MASS TIMES

Holy Rosary – Hamelin St

Saturday's 6pm Sunday's 10am

Weekday Masses – Tues - Sat 9.15am

St Francis Xavier – Strickland Rd

Sunday – 8.30am

## CALENDAR

### OCTOBER 2022

Wed 19 <sup>th</sup>	Wild Action Incursion (Foundation)
Thur 20 <sup>th</sup>	Cricket Competition (Gr 6)
Fri 21 <sup>st</sup>	Book Club orders close
Sat 22 <sup>nd</sup>	Frayne House Community Mass – 6pm
Sat 22 <sup>nd</sup> / Sun 23 <sup>rd</sup>	Sacrament Commitment Masses
Tue 25 <sup>th</sup>	TwistED Science Excursion (Gr 1)
Tue 25 <sup>th</sup>	Sacrament Meeting (Gr 4 & 5)
<b>Wed 26<sup>th</sup></b>	<b>Bendigo Cup Public Holiday</b>
Thur 27 <sup>th</sup>	TwistED Science Excursion (Gr 2)
Mon 31 <sup>st</sup>	All Souls Day
Mon 31 <sup>st</sup> – Wed 2 <sup>nd</sup>	Grade 6 Camp

### NOVEMBER 2022

Tue 8 <sup>th</sup>	Art Incursion (Gr 5 & 6)
Fri 11 <sup>th</sup>	School Run 4 Fun: Colour Explosion
Fri 11 <sup>th</sup>	MacKillop Art Exhibition Opening – 6pm
Sat 12 <sup>th</sup>	McAuley House Community Mass – 6pm
Sat 12 <sup>th</sup>	Confirmation Sacrament Mass – 6pm
Tue 15 <sup>th</sup>	2023 Foundation Transition Sessions
Mon 21 <sup>st</sup> – Tue 29 <sup>th</sup>	PSG Meetings
Tue 22 <sup>nd</sup>	2023 Foundation Transition Sessions
Tue 29 <sup>th</sup> – Fri 2 <sup>nd</sup>	Swimming Program (F – 2)

### DECEMBER 2022

Tue 29 <sup>th</sup> – Fri 2 <sup>nd</sup>	Swimming Program (F – 2)
Wed 7 <sup>th</sup>	Gr 6 Graduation Mass
Wed 14 <sup>th</sup>	Last Day Term 4 (Students) – 3.15pm finish
Fri 16 <sup>th</sup>	Last Day Term 4 (Staff)

## PRINCIPAL'S REPORT

Our thoughts and prayers are certainly with the families near and far affected by the floods across the state, the Diocese and particularly in our immediate area. It continues to be incredibly challenging for those affected and for many of us as we watched on, as family and friends were adversely affected. The rain finally cleared for the weekend, however we keep those affected by the floods in our prayers. We are particularly aware that for some families this event is not their first and a repeat of the destruction earlier in the year and over the preceding few years.

Thank you to our families who responded so quickly and positively last week as we were affected locally by flash flooding and dangerous road conditions. We know a number of families were affected by the flood waters and urge anyone who requires additional support from our school to contact our office and our Pastoral care team.

### We remember in prayer:

*Those whose lives have been devastated,*

*Those who are feeling vulnerable and weak*

*Those who are stranded*

*Those who are facing both long-term and short-term needs*

*Those who are homeless in this crippling time*

*We pray also for all those who are meeting needs at this time:*

*Volunteers and community workers*

*Those working to rescue people who are stranded and feed the hungry*

*Those supplying food, water, equipment, money and urgent supplies*

*Those working to clear roadways and homes that have been damaged*

*Police officers, emergency personnel, medical and social welfare responders*

*Those seeking to offer protection from theft and fraud.*



Check out our school Facebook page to stay up to date with the latest news!

<https://www.facebook.com/holyrosaryprimaryschoolwhitehills/>

*We pray that each of us will play our part in responding to the overwhelming conditions of this time and particularly in reaching out to those who are struggling to rebuild their lives.*

*We pray too, that we will continue to urge the Government to play its part in strengthening structures that will heal our land, restore creation and relieve those suffering homelessness and poverty.*

*We make all our prayers in the name of Jesus, who always reaches out to those most in need.*

AMEN.

Congratulations to the children who represented the school in the recent Regional Athletics. We certainly had a fantastic school result with 6 children moving to the State championships in November.

We are also in the midst of planning for the 2023 school year and ask that parents who may have requests regarding class placement, please put your request in writing to myself and I will share these with the teachers before the end of October. Additionally, if you may be leaving the school at the end of the year we appreciate being alerted to the fact to support the transition as well as planning for the future.



Paul Wilkinson (Principal)

## SCHOOL NEWS

### CATHOLIC IDENTITY

#### FRAYNE HOUSE MASS – SATURDAY 22<sup>ND</sup> OCTOBER

Our next Frayne house staff and family mass is being held this Saturday @ 6pm. All families are welcome to attend, however it would be lovely to see as many Frayne families as possible.

#### CONFIRMATION COMMITMENT MASS - SATURDAY 22<sup>ND</sup> OR SUNDAY 23<sup>RD</sup> OCTOBER

Students undertaking the sacrament of Confirmation will attend their second commitment Mass this weekend. Families can attend either the Saturday night service at 6pm or Sunday morning service at 10am.



### SCHOOL SPORT – WHAT'S HAPPENING?!

*Troy Coates & Sophie Taylor (PE Coordinators)*



#### REGIONAL ATHLETICS

A big congratulations to our 8 athletes who represented Holy Rosary at the Regional Athletics Carnival last week. All students should be very proud of their achievements. We had great success on the day with the following results:

Sophie H, Milly K, Eleanor V & Bronte E - 1st in 12yr Girls Relay

Bronte E - 1st in 200m

Sophie H - 1st in 100m

Bradie S - 2nd in Hurdles

Lily M - 2nd in 800m

Erin B - 4th in 1500m

Jensen S - 4th in Discus

We now wish Sophie, Eleanor, Milly, Bronte, Lily and Bradie all the best at the State Athletics Carnival to be held in Melbourne on November the 2nd. The Holy Rosary community are right behind you and good luck.



## F-2 SWIMMING LESSONS

In Week 9 of this term our F-2 students will be participating in swimming lessons at the Gurri Wanyarra Leisure Centre. An email has been circulated to parents of students in years F-2 with further information. **In the email there is a link to a form which parents must complete prior to the 14th of November which indicates their child's swimming ability.** If you have any questions or concerns about this, please do not hesitate to get in touch with your child's classroom teacher or the PE Coordinators.

Many Thanks, Sophie Taylor & Troy Coates

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## PASTORAL WELLBEING

In life we are learning that we are never sure what is going to happen next. Thank you to our wonderful school community who rallied on Thursday to make sure all our students, families and staff were safe, by collecting your children and heading to higher ground. It is incredible to think how much rain we have had and the impact on the already sodden ground. Our prayers are with all the communities that have been impacted and are still in the middle of the emergency response. It is a time as a community in which we rally together and help all near and far. We have had over two years, where we as parents and a community have had to respond to emergency situations. This has an impact on all of us. The support services such as Life Line, Beyond Blue and Kids Help Line are here to help all of us when and if needed. Please reach out if you need to speak to someone about the current situation or the support you may need at the present time. As a pastoral care team, we are able to assist in many different ways. If you are aware of a family who has been impacted by the current flooding and requires food, meals, or emotional support please contact us at school. Further, if you are aware of families who are celebrating wonderful news in their families, please let us know as we would also like to celebrate the exciting things in our community such as new babies, parents or children doing exciting things in our community, or special birthdays.

Again, we are here with a listening ear, an open food pantry and home-cooked meals if anyone is in need. - *Megan Gerrish (Pastoral Care, Wellbeing and Compliance Leader)*

## MACKILLOP ART EXHIBITION 2022

The Exhibition showcases visual artworks from schools across the diocese of Sandhurst in the Sacred Heart Cathedral in Bendigo and online. The opening event includes the celebration of a short liturgy and the presentation of awards for outstanding artworks in Spiritual Art and General Art categories. The Philomena Billington Social Justice Through the Arts Scholarship will be presented. After the opening ceremony, attendees are able to view the art and socialise with each other. For more information, please see the attached flyer.



**DATE:** Friday 11 November 2022 6:00 PM - 8:00 PM

**LOCATION:** Sacred Heart Cathedral, Bendigo Cnr Mackenzie and Wattle Street, Bendigo Vic 3550



### How Can We Help?

In the Pastoral Care / Wellbeing Team we would like to offer any support that we can, whether it be emotional, physical, spiritual or mentally. We can assist with support relating to your child or needs your family may have at the present time.

#### We may assist with

- Practical Help (Meals, groceries etc)
  - A Listening Ear
  - School Attendance
- General information & advice, with links to outside agencies & community support

*Megan Gerrish (Pastoral Care Leader)*

## Helping kids thrive online

Webinar information sheet for parents of primary school students

### General tips for supporting your child online:

- Support your child's friendships online and off by talking with them about their friends and activities.
- Ask your child to demonstrate the games and apps they use to better understand what they play, why it's fun and possible pitfalls they may encounter.
- Help build confidence by encouraging children to share their knowledge of the online world.
- Encourage routines that promote health and balance. For example, create device-free times and places in your home.
- Model your own behaviour, by demonstrating that you can put your phone down and concentrate on spending time with your child, without the distractions of being online.
- Talk to your child about who could be their 'askable adult', and when they would speak with them.

### Harmful content

Harmful or inappropriate content is content that a child might find upsetting, disturbing or offensive. It includes material that shows or encourages the sexual abuse of children, terrorism or other acts of extreme violence, and material which is not suitable for children, such as pornography.

### Ways to start the chat:

- Use eSafety's information on how to approach the [hard-to-have conversations](#).
- Use [The eSafety Guide](#) to learn more about popular apps, games and social networking sites including how to report inappropriate content.
- Explore [eSafety kids](#) pages with your child to discuss topics such as [I saw something online I didn't like](#).
- Learn how to [report illegal content](#).

### Contact with strangers

- Unwanted contact is any type of online communication that your child finds unpleasant or confronting, or that leads them into a situation where they might be harmed. At worst, it can involve 'grooming' a child — building a relationship with a child in order to sexually abuse them. How to help your child:
- Learn and discuss what children can do in [situations where they might feel unsafe](#)
  - Explore [eSafety kids](#) pages so you can more easily discuss topics like [someone is contacting me and I don't want them to](#).
  - Learn about the features of apps that can expose children to contact with strangers by exploring [The eSafety Guide](#).

### Cyberbullying

Cyberbullying of children is when someone uses online content or communication to seriously humiliate, seriously harass, seriously intimidate, or seriously threaten a child or young person under the age of 18. eSafety can help with the removal of serious cyberbullying content.

- Use [The eSafety Guide](#) to show your child how to block and report users that make them feel uncomfortable.
- Explore [eSafety kids](#) to discuss topics such as [someone is being mean to me online](#) and [people are being mean to others online](#).
- Teach your child [how and when to report cyberbullying to eSafety](#).

### Resources

- Download the [online safety guide for parents and carers](#) — available in five languages.
- Use [online safety basics](#) to explore technology issues with your child, negotiate rules and get to know the technology.
- Refer to eSafety's [taming the technology](#) to set screen time tools and parental controls.
- Read eSafety's [privacy and your child](#) to help manage privacy and safety settings. It also offers advice about how to check [location settings](#).
- Explore [the big issues](#) and find out more about cyberbullying, online pornography, time online, gaming, unwanted contact and grooming by a sexual predator.

- Check eSafety's [skills and advice](#) resources—establishing good habits, hard to have conversations and using parental controls.
- Show your child how to contact [Kids Helpline](#) and learn the details of [Parentline](#) in your state or territory.
- Be smart and secure when choosing tech gifts for children by reviewing the [eSafety gift guide](#).
- If you have children under five, read [eSafety Early Years](#) for more information and resources.
- For parents of teens, visit [eSafety young people](#).
- Look at [eSafety parents](#) for advice, resources and links specifically tailored for parents' needs.
- For parents of primary school aged children, visit [eSafety kids](#).

### References

- eSafety Research

Published: January 2022



eSafety Commissioner

[esafety.gov.au](#)

[eSafety parents](#)

[esafety.gov.au](#)

## STUDENT NEWS



### HAPPY BIRTHDAY

Students who are celebrating their birthdays this week are; Bradie Sheldon, Indy Brown, Lacey Ermel & Ashton Tresize. Happy Birthday to you and we hope you have a wonderful day.

### ROCK-IT MUSIC INCURSION

Last Tuesday, a kid's comedy band known as Aussie Kids Rock visited our school. The incursion took place in Ted's Shed and students were encouraged to sing along and dance to the songs. They also played some games and learnt about different genres of music. Thank you to Deano and CJ for the fun and to Mrs Teed who organised the incursion. — *Milly Kelleher (6TC)*



# P&F NEWS

## CANTEEN VOLUNTEERS NEEDED

Our Canteen Volunteer roster still has many spots to fill for Term 4! If you or anyone in your extended family is keen to help out during the remainder of the year, please get in touch with Lindy Vance on 0409 067 404.

Please note, all volunteers must report to the school office to sign in and must provide a copy of the WCC or VIT card and other necessary volunteer paperwork. Volunteers **DO NOT** need to hold a Food Handling Certificate.

## School Run 4 Fun Colour Explosion

Don't forget our School Run 4 Fun Colour Explosion event is coming up this Term on Friday 11<sup>th</sup> November 2022.

On the day, students will navigate our fun run track while we fill the air with colour! **Make sure your child brings a white shirt** for the Fun Run as they will be covered in non-toxic, high quality colour powder from head to toe!



**Fundraising is OPEN NOW** and will close on the day of the colour run.

All fundraising totals over \$10 will be eligible for an incentive prize! Available prizes can be seen in the sponsorship booklet sent home last term. Students can choose a prize based on the total amount of dollars raised, or mix and match smaller prizes.

Follow the link below for instruction on how to set up your online fundraising profile!

<https://www.hrwhitehills.catholic.edu.au/parent-information/school-downloads/511-school-run-4-fun-fundraising-profile-instructions/file.html>

Thanks in advance for your support, and happy fundraising!

## COMMUNITY NEWS

L-R: Kookaburra, Jason Kelly, Yr 5 and Budgetiger, Bella Gail, Yr 5, St Theresa's PS Kennington - 2021 Winners General, Primary Group Art Award (P-6)

**OPENING AND AWARDS CEREMONY**  
Fri 11 November 2022  
Remembrance Day 🇺🇲  
6pm - 8pm  
Sacred Heart Cathedral Bendigo  
Booking: [mybooking.com/BXFWG](https://mybooking.com/BXFWG)  
(or scan QR code)  
Livestream: [links.powerav.com.au/civ](https://links.powerav.com.au/civ)

**OPEN FOR VIEWING**  
11-27 November 2022  
Open Wed-Sat | 10am - 4pm  
Poplars: extracted from WWF, Auction Commission, Yr 5, St Mary's PS Mooropna

**ENQUIRIES**  
Claire Spinelli | Education Officer: The Arts  
E: [cspinelli@ceosand.catholic.edu.au](mailto:cspinelli@ceosand.catholic.edu.au) | M: 0407 721 088

**ONLINE**  
From Mon 14 November 2022  
[ceosand.catholic.edu.au](https://ceosand.catholic.edu.au)

**VOTE FOR PEOPLE'S CHOICE AWARDS**  
until Sun 27 November 2022

# L'Arche Christmas Market

**At The Good Loaf**  
404 Hargreaves Street, Bendigo

- Plants
- Produce
- Christmas cakes & Puddings
- Cakes & Slices
- Craft
- BBQ
- L'Arche Artwork
- Vintage Kitchenalia
- Raffle

**Sunday November 27, 2022 10am—2pm**

**And much more**

# SPORTS NEWS



## CLUB INFORMATION

The Sandhurst FNC Junior Netball Development Program commenced in 2012 with three teams. Now entering the 2023 season we continue to expand our junior numbers.

As a club we endeavor to create a fun and inclusive environment for players to enjoy and develop many skills. Our development programs runs for players from year 7 to year 10.

The Sandhurst Junior Netball Development Program is affiliated with the BSNA, playing netball on Friday nights and Saturday mornings.

Our Junior Netball volunteer coaches are generally from our Senior Netball and Club Parent groups.

Sandhurst prides itself on our great Club History, along with player conduct on and off the court and that many of our Dragons junior players progressing to play senior netball within the BFNL and many other leagues.

2023 TRY OUT DATES  
\*\*MUST BE GOING INTO  
YEAR 7 2023\*\*

TUESDAY  
25<sup>TH</sup> OCTOBER 2022 6-7.30PM

THURSDAY  
27<sup>TH</sup> OCTOBER 2022 6-7.30PM

REGISTRATION CLOSE  
24<sup>TH</sup> OCTOBER 2022

ALL TRYOUTS @ QEO COURTS

please register  
via link below:  
<https://forms.gle/roK33EL56GTbGhXs7>

ALL OTHER ENQUIRES OR  
APOLOGIES  
[sandhurst.netball@bendigobearings.com](mailto:sandhurst.netball@bendigobearings.com)

SANDHURST FOOTBALL  
NETBALL CLUB EST.1861

P O BOX 484 | BENDIGO 3552  
[www.sandhurstfnc.sportingpulse.net](http://www.sandhurstfnc.sportingpulse.net)  
[sandhurstdragons@yahoo.com.au](mailto:sandhurstdragons@yahoo.com.au)

SFNC JUNIOR NETBALL ADMIN  
[sandhurst.netball@bendigobearings.com](mailto:sandhurst.netball@bendigobearings.com)

# HOLY ROSARY CANTEEN

## VOLUNTEER ROSTER - TERM 4 2022

DATE	TIME	VOLUNTEERS	
OCTOBER 2022			
THUR 20th	9.00am - 11.00am	Rachael Sutton	-
FRI 21st	9.00am - 12.00pm	Tamara McIntosh	Volunteer Needed
FRI 21st	11.00am – 12.00pm	Volunteer Needed	-
FRI 21st	1.30pm – 2.30pm	Jen Ball	Lesley Lloyd
THUR 27th	9.00am - 11.00am	Ash McDerby	-
FRI 28th	9.00am - 12.00pm	Suzie Young	Dea Robertson
FRI 28th	11.00am – 12.00pm	Volunteer Needed	-
FRI 28th	1.30pm – 2.30pm	Volunteer Needed	Volunteer Needed
NOVEMBER 2022			
THUR 3rd	9.00am - 11.00am	Volunteer Needed	-
FRI 4th	9.00am - 12.00pm	Rebecca Skipper	Volunteer Needed
FRI 4th	11.00am – 12.00pm	Volunteer Needed	-
FRI 4th	1.30pm – 2.30pm	Lesley Lloyd	Volunteer Needed
THURS 10th	9.00am - 11.00am	Ash McDerby	-
FRI 11th	9.00am - 12.00pm	Dea Robertson	Volunteer needed
FRI 11th	11.00am – 12.00pm	Volunteer Needed	-
FRI 11th	1.30pm – 2.30pm	Volunteer Needed	Volunteer Needed
THUR 17th	9.00am - 11.00am	Jessica Brown	-
FRI 18th	9.00am - 12.00pm	Laura Prange	Volunteer Needed
FRI 18th	11.00am – 12.00pm	Volunteer Needed	-
FRI 18th	1.30pm – 2.30pm	Volunteer Needed	Volunteer Needed
THUR 24th	9.00am - 11.00am	Rachael Sutton	-
PIZZA DAY FRI 25th	10.00am - 12.00pm	Laura Prange	Volunteer Needed
PIZZA DAY FRI 25th	11.00am – 12.00pm	Volunteer Needed	Volunteer Needed
FRI 25th	1.30pm – 2.30pm	Volunteer Needed	Volunteer Needed
DECEMBER 2022			
THUR 1st	9.00am - 11.00am	Volunteer Needed	-
FRI 2nd	9.00am - 12.00pm	Suzie Young	Dea Robertson
FRI 2nd	11.00am – 12.00pm	Volunteer Needed	-
FRI 2nd	1.30pm – 2.30pm	Jen Ball	Volunteer Needed
THUR 8th	9.00am - 11.00am	Volunteer Needed	-
FRI 9th	9.00am - 12.00pm	Volunteer Needed	Volunteer Needed
FRI 9th	11.00am – 12.00pm	Volunteer Needed	-
FRI 9th	1.30pm – 2.30pm	Volunteer Needed	Volunteer Needed